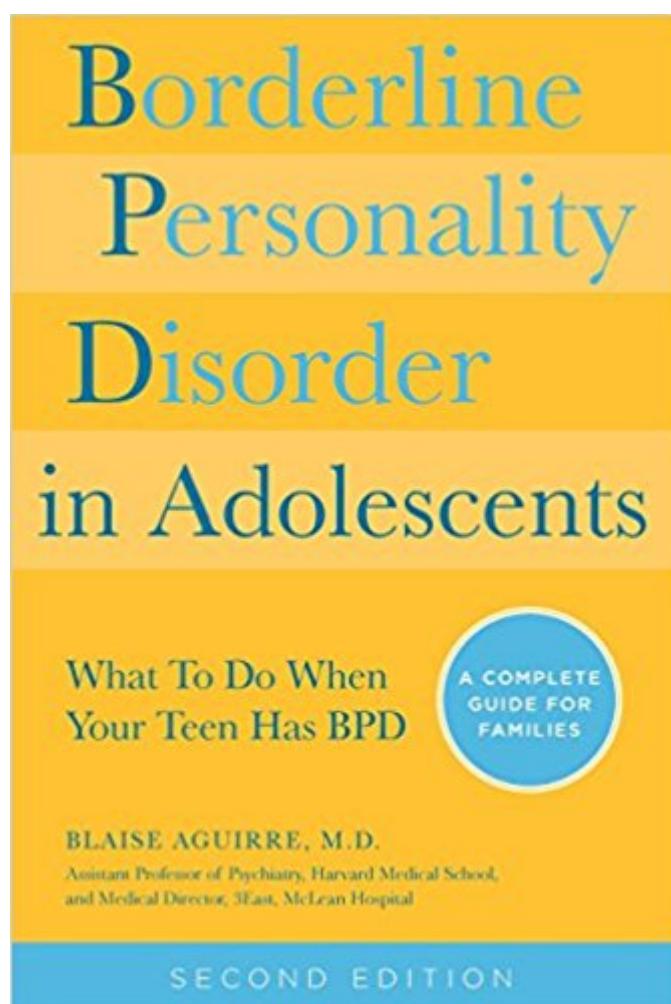


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# Borderline Personality Disorder In Adolescents, 2nd Edition: What To Do When Your Teen Has BPD: A Complete Guide For Families



## Synopsis

This second edition of Borderline Personality Disorder in Adolescents offers parents, caregivers, and adolescents themselves a complete understanding of this complex and tough-to-treat disorder. It is a comprehensive guide which thoroughly explains what BPD is and what a patient's treatment options are, including an overview of the revolutionary new treatment called dialectic behavior therapy. Author Blaise A. Aguirre, M.D., one of the foremost experts in the field, describes recent advances in treatments and brings into focus what we know, and don't know, about this condition. Revised and updated from the previous edition, readers will learn all about the scientific development of BPD; treatment options (e.g., medication and therapy); myths and misunderstandings; tips and strategies for parents; the prognosis for BPD; and practical techniques for effective communication with those who have BPD. They will also hear from BPD adolescents and parents who have learned how to make the best of the cards they have been dealt.

Here's what some experts in the field had to say about the previous edition:"Families and their children with BPD will find this book a very useful guide as they struggle together toward a more fully realized life." - Mary C. Zanarini, Ed.D., Director, Laboratory for the Study of Adult Development, McLean Hospital and Professor of Psychology, Harvard Medical School"A must-have book for every parent with a borderline child." - Randi Kreger, Coauthor of *Stop Walking on Eggshells: Taking Your Life Back When Someone You Care about Has Borderline Personality Disorder*"Borderline Personality Disorder in Adolescents is a long overdue book that eloquently and expertly addresses the wide-ranging issues surrounding borderline personality disorder in adolescents. This compassionate book is a must for parents with children suffering from borderline personality disorder, as well as clinicians, educators, pediatricians, and clergy trying to understand and help adolescents with this serious, chronic disorder." - Perry D. Hoffman, Ph.D., President, National Education Alliance for Borderline Personality Disorder

## Book Information

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## Customer Reviews

Blaise Aguirre, M.D., is a board-certified psychiatrist and Assistant Professor of Psychiatry at Harvard University School of Medicine. He has been a staff psychiatrist at McLean Hospital in Belmont, MA, since 2000, and has been recognized for his work in the treatment of BPD in adolescence. In May 2007, he was named director of 3East, the Adolescent Dialectic Behavior Therapy Treatment Center at McLean - targeted specifically at treating adolescents with BPD.

This book was something I bought, out of desperation, to try and help understand what my child was going through. After 2 years of misdiagnosis (depression, anxiety, panic disorder, self harming) BPD was finally diagnosed, because of my own research online and talking to the psychiatrist about it. She has every cluster associated with it. Anyhow, this book really have me an understanding of her thought process, though finding a dbt place is just about impossible at the moment and the cost associated with it... especially after the medical bills that have accumulated over the last 2 years. The book helped me be more patient and try to understand a little more where she was coming from, I definitely felt more inspired and am able to stop and think about my interactions when something goes aloof.

This is a really good book! You can find information about BPD online but this book has some personal stories from people which are really helpful because you can relate to them. I have referred to it many times since finding out that my grand daughter has this illness.

Good book, helped me understand the disorder. BPD isn't commonly diagnosed in teens so this book is a one of a kind!

Great to learn the basics and give direction. As a parent I now know I'm not crazy or alone and that help and hope exist.

Brilliant! It's really helping us understand this complex disorder

Excellent book! I highly recommend it to other parents.

Very helpful

Very good book regarding a serious illness that effects teenagers but is commonly misunderstood, i.e that it cannot be diagnosed until 18, etc. If it's there, it can be diagnosed and needs to be treated as it is, not as bipolar disorder or a depression.

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